

Food Friends Fun

Southern Ottawa United Church Collaborative Calendar – MARCH 2019

MANOTICK UNITED CHURCH

Syrian Refugee Family/Manotick United Church Concert: Saturday March 9 – starts 6:30 PM

The Canadian Connection Refugee Group is pleased to announce that The Lyon Street Celtic Band will be returning to Manotick. Tickets are available through the Church Office, Manotick Office Pro or through Roy and Isabel Macrae. The Lyon Street Celtic Band is a dynamic group of five musicians playing Irish, Scottish and Canadian music on fiddles, tin whistle, accordions and guitar.

KAIROS Blanket Exercise Workshop: Saturday April 6, from 1 to 4 PM.

The KAIROS Blanket Exercise is an experiential teaching tool based on participatory popular education methodology and the major themes and finding in the 1996 Royal commission on Aboriginal Peoples. Participants step onto blankets representing the land and into the role of First Nations, Inuit and later Metis peoples. Facilitators read the script and assume the role of Narrator and European explorers and settlers.

The exercise builds awareness and understanding of our shared history as Indigenous and non-Indigenous peoples in Canada by having participants literally walk through situations that include pre-contact, treaty-making, colonization and resistance. Participants are drawn to their roles by reading scrolls and carrying card which ultimately determine their outcomes. By engaging on an emotional and intellectual level, the Kairos Blanket Exercise effectively educates while increasing empathy. It reaches both the mind and the heart. It is contributing to a movement for reconciliation through education across the country.

NORTH GOWER UNITED CHURCH

You're invited to TRIVIA NIGHT at Carsonby United Church: Friday March 22 at 7:00 PM.

The money raised goes to support Waliu from Ghana. This sponsorship is with the Christian Children's Fund. You can arrange your table group early and if you don't have enough for a group of 4-6 people, we can match you with other groups in the same position. It is a fun night for a worthy cause. Call 489-3276 to register. Great door prizes donated by Manotick and North Gower business people. Registration is \$10.

Carsonby Café – join us at Carsonby United Church every Friday at 12 noon for a lunch of homemade soups, buns and dessert. There is a freewill offering that we use to help those in need. Questions? Call Isobel at 613-489-3276.

SOUTH GLOUCESTER UNITED CHURCH

7-week Faith Formation Session during Lent

Every Monday Evening at 6:30 PM from March 4th and until April 15th.

The study is called "Give It Up." It reflects on all the things that hold our attention, occupy our thoughts, and monopolize our time, yet still isolate us from God and the world around us. All are welcome.

We have started a "Kitchen: Bridge Club"

Tuesday March 12th and Tuesday March 26th from 2:00 pm to 4:00 PM

Specifically for people who know the basics of the card game, or wish to learn it. All are welcome.