



# Barrhaven United Church

*called to worship sent to serve*

*Welcome!*

*Participating in worship this morning ~*

<i>Worship Leader:</i>	<i>Rev. Carla Van Delen</i>	<i>Organist:</i>	<i>Sara Surjadinata</i>
<i>Scripture Reader:</i>	<i>Lewis Cardin</i>	<i>Senior Choir Director:</i>	<i>Barb Ackison</i>
<i>Junior Choir:</i>	<i>Mary Walker-Smith</i>	<i>Senior Choir:</i>	<i>Thanks!</i>
<i>Welcome Desk:</i>	<i>Thanks!</i>	<i>Ushers:</i>	<i>Heather Chang &amp; Barry Finlay</i>
<i>Greeters:</i>	<i>Thanks!</i>	<i>Counters:</i>	<i>Denise Platt &amp; Barbara Smith</i>
<i>Sound:</i>	<i>Neil Smith</i>	<i>Refreshments:</i>	<i>Melanie Macdonald &amp; Bonnie Dillon</i>
<i>Sunday School:</i>	<i>Tammie Hill</i>	<i>Folders:</i>	<i>Marilyn Fischer &amp; Carolyn Legari</i>

***And you! The congregation at BUC!***

NOTE: Assisted Hearing Devices are available from the sound technician.

**How to Reach Us at BUC**

Check the website [www.barrhavenunited.org](http://www.barrhavenunited.org) & follow the links.

Call the church at 613-825-1707

**Office Administrator:** Natalie Narezny

Office hours: Monday to Friday, 8:30am -12:30pm

[bucadmin@gmail.com](mailto:bucadmin@gmail.com)

**Minister:** Rev. Carla Van Delen

Available Mon. – Thurs, 10:00am – 1:00pm (office hours)

For Pastoral emergencies call: (613) 915-0081

[bucminister@gmail.com](mailto:bucminister@gmail.com)

**Christian Educational Congregational Minister:** Margie Ann MacDonald

[margie\\_ann\\_macDonald@hotmail.com](mailto:margie_ann_macDonald@hotmail.com) or 613-440-1561

**Chair of Council:** Mary Byford

[buccouncil.chair@gmail.com](mailto:buccouncil.chair@gmail.com) or 613-286-1880

**BUC Pastoral Care Team:** Melanie MacDonald

[bucpastoral.chair@gmail.com](mailto:bucpastoral.chair@gmail.com) or 613-692-4569

**Happening This Week**

<b>Sunday</b>	9	10:00 a.m.	Worship Service
			Sunday School Registration
Thursday	13	6:00 p.m.	Healing Pathway
		7:30 p.m.	Sr. Choir Practice

**Coming Up in September**

<b>Sunday</b>	16	10:00 a.m.	Worship Service
Monday	17	9:30 a.m.	P.C. Meeting
Tuesday	18	9:30 a.m.	Book Club
Wednesday	19	7:30 p.m.	Meditation
Thursday	20	6:00 p.m.	Healing Pathway
		7:30 p.m.	Sr. Choir Practice

**Keep in your prayers.....**

In addition to those you hold in your own heart, please keep in your prayers those from our congregation.



*Bryan & Betty Giffin  
Doug Collins  
Joe Kuiper  
Sue Maveety  
Linda Mitchell & her mother  
Betty Wrenshall in the passing of Allan Wrenshall*

Please call the office, the minister or pastoral care team when family and friends need comfort and prayer. The care ministry wants to extend the congregation's support. Call the office to let us know of celebrations- births, adoptions, engagements, weddings and anniversaries.



➤ **September 16th/Creation Time 2**

Proverbs 1: 20-33; Psalm 19; Isaiah 50: 4-9a; Psalm 116:1-9; James 3: 1-12; Mark 8: 27-38.

➤ **Stewardship Seconds:**

Offering hospitality to the stranger challenges us to see everyone as God's chosen.

➤ **Why do we "Pass the Peace"?**

For starters, the act of "Passing the peace" goes all the back to Jesus and the first followers. "Peace be with you" is a greeting Jesus himself used with his disciples (Luke 24:36; John 20:19, 26). The apostle Paul opened each of his letters with the words "Grace and peace be with you" (Rom. 1:7; 1 Cor. 1:3; 2 Cor. 1:2). The ritual also embodies our identity as peacemakers (Matt. 5:9; 2 Cor. 5:20) and trains our hearts, hands, and tongues in the ways of peace.

When practiced as part of the sacrament of Communion, we humbly approach our neighbor by leaving the comfort of our seat, turn to our neighbors, grasp their hands, and speak the words, "The peace of the Lord be with you" and receive the words in turn, "And also with you."

The gesture is simple, but the meaning is profound. When we extend our hand to another, we identify with Jesus, who extended his life to the point of death to make peace with humanity (Col. 1:20-21). In the midst of divisions we symbolize our unity through handshakes and hugs (Eph. 2:14-21). Likewise, when we regularly pass the peace we practice God's call to make every effort to maintain the bond of peace (Eph. 4:3).

In addition, from a human and compassionate point of view, for some people, “passing the peace” will be the only kind, human physical contact they may have that week.

**Why are we now “passing the peace” after we have received communion?**

In that same spirit of breaking down barriers, and caring for our neighbour, we will be “passing of the peace” after we have received communion so that those who may be concerned about their health, or whom are caring for those who are immune comprised, will be able to participate without the concern of cross contaminating the bread that they will consume.

Remember that you may “pass the peace” with a handshake, but also a fist bump or an elbow bump especially if you are ill at the time.

It is our hope that this new location of the “passing of the peace” will contribute to the well-being of our whole congregation and wider community.



**CARING AND FELLOWSHIP**

➤ **A Warm Welcome at BUC’s Prayer Circle – Starts Monday Sept 17th at 1330hs**

Do you carry others in your heart? Do you pray silently, out loud, or in the tub???? Do you want to learn more about praying? Have you ever thought of participating in a wider prayer circle?

**Barrhaven United Church Prayer Circle meets informally for an hour in the BUC Sanctuary on Monday afternoons starting at 1:30 from September 17 to the middle of June** (Note: There will be no prayer circle on statutory holidays).

Prayer Circle is a time of mutual support and prayers for what is held, spoken or unspoken, in our own hearts -- **YOU are welcome!** Whether your heart is heavy or light; whether you are comfortable with prayer or not; whether you hold your prayers to yourself or pray out loud. BUC’s Prayer Circle is warm and inviting and can help kindle your connection with God’s light and love whether you come regularly or drop in, as needed.

Give it a try...simply drop-by one week or make it a habit -- no prior experience is necessary and you might just find that Prayer Circle gives you the boost that you have been looking for...For more information, contact the office (613-825-1707) or Melanie Macdonald at [bucpastoral.chair@gmail.com](mailto:bucpastoral.chair@gmail.com)

➤ **Interested in Pastoral Visiting? The Fall Basic Pastoral Care Course Begins Sept 17th!**

The Ottawa Pastoral Care Training Program offers a highly recommended and engaging 10 week course (half days over the course of 10 weeks) that provides a practical pastoral foundation for your own personal growth or to be shared with others through pastoral visiting. This course is required to join BUC's Pastoral Care Team (Note: We would be just delighted to have additional and new PCT members!!).

Courses run Mondays, from Sept 17 to Nov 26, with a break for Thanksgiving, with afternoon or evening time slots available on any given day. Site: St Pauls Presbyterian church, 971 Woodroffe Ave. Cost is \$125, which is refunded by BUC, once certified, if you decide to join our Pastoral Care Team. Registration form and more info on website: [www.ottawapastoralcare.com](http://www.ottawapastoralcare.com)

➤ **'Sunwich Lunch'**

For many years we have enjoyed sandwiches and veggies and the like after service the last Sunday of the month. All are welcome. No need to bring a contribution of food. There is a sign up list on the information table for those who are able to make a food contribution....a loaf of sandwiches is always appreciated, already cut up and on a plate, ready to serve. Please bring to the kitchen for refrigeration, before the service. Come and enjoy fellowship, and light refreshments, Sept 30th and October 28th. A friendly welcome awaits you.

➤ **Healing Pathway**

Upcoming Healing Pathway dates are Thursday evenings from 6-9pm and Sunday after church by appointment 11:15am.

Sept 13, Sept 20 and Sept 27.

Your Healing Pathway Practitioners are: Doug Collins, Linda Hearty, Melanie Macdonald and Cathy Murphy. To book a Healing Pathway session, please contact Cathy Murphy at **613-867-8267** or [cathymurphy67@gmail.com](mailto:cathymurphy67@gmail.com)

➤ **Join the Sr. Choir**

The Senior Choir has had a well deserved summer vacation, but is starting up again and having their first rehearsal on Thursday Sept 6 at 7:30. If you can sing and can commit to Thursday night rehearsals and Sunday morning services you would be most welcome. Some choir experience or the ability to read music would be helpful. Contact Barb the Choir Director by calling the Church office, speak to Barb or any choir member after Church, or come to the first practice. Singing in a choir is good for you.

➤ **Thank You**

A big "thank you" to the BUC members who have worked throughout the summer to keep the gardens at our church so lovely. I have admired the view every time I've driven past BUC this summer and their efforts are very much appreciated! -A thankful BUC member.



➤ **BUC Book Club**

The next meeting of the Book Club will on Tuesday, September 18<sup>th</sup> at 9:30am in the Music Room. We will be discussing the book “The Goldfinch” By Donna Tartt. All are welcome!



**OUTREACH**

➤ **Your input into fundraising for our Syrian family is requested**

Barrhaven United Church has agreed to sponsor the reunification of a Syrian Christian refugee family. In the spring, the congregation approved that we provide the required year of financial and moral support for this family. Their relatives, the Ghossen/Habib family living here, will provide the housing, and we will assist in funding food, clothing, additional utilities, and incidentals. The Ghossen/Habib family was sponsored by Seaway Presbytery two years ago, and have already brought the wife’s family here. We are sponsoring the husband’s family, currently in Lebanon.

We have one fundraiser underway – Vessey’s catalogue. Please take one from the Narthex table, and look at it for fall planting bulbs, seeds and amazing wrapping papers – and share it with your family and friends. Remember, 50% of your order value goes to BUC’s Refugee Fund.

Also, in your bulletins, and for the next two Sundays, there is a survey asking for your input and support for various fundraising ideas. Please take a moment to give us your thoughts on your preferred ways of supporting this Outreach initiative. The Survey Box is on the communion table in the Narthex. And if you want to make a contribution, you can use your envelopes – just mark the amount as “Refugee Fund”.



## RESOURCE STEWARDSHIP

### ➤ Other Churches news

Hello past, present, and future members of Christmas in the Village:

It is that time of year again when we start rehearsing for our Christmas in the Village Concert. We welcome all singers to join us. Rehearsals will be on Wednesday evenings, from 7-9:30pm, starting on Wed., Sept. 12th, at South Gloucester United Church (corner of Rideau and Albion). Please spread the word with your friends and neighbours.... this is a community choir, and all are welcome.

Our concerts will be on:

Thurs, Nov. 29 at 7pm

Fri, Nov. 30 at 7pm

Sat. Dec. 1 at 2pm.

We do ask that if you make the commitment to be part of our choir that you attend all or most of the rehearsals, and that you are available the weekend of the show.

Please let us know if you plan to join us, so that we have enough music books for everyone at the first rehearsal.

Looking forward to seeing you there!

Heather Wyche, Producer

Gale Ramsden, Director